

St George's School, Edinburgh

Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soup of the Day	Minestrone soup (gluten)	Split yellow pea and vegetable soup	Roast pepper & tomato soup	lentil & carrot soup	Cream of mushroom & thyme soup (milk)
Main counter		Tex mex Chilli nachos	Beef burger, cheese, tomato & gherkin (gluten, milk, m/c sesame)	Sticky honey chilli chicken	Oven baked battered haddock, lemon & tartare sauce (wheat, fish)
Main counter meat free	Lemon & herb quorn pieces served in flatbread	Spinach, Quorn, sun dry tomato & garden pea linguine	Portobello mushroom, halloumi & sweet chilli burger	Macaroni cheese (milk, gluten, mustard)	Mediterranean vegetable & chickpea & quorn chilli (celery)
Nursery	Chicken shawarma flatbread	Chilli nachos	Beef burger (gluten)	Macaroni cheese (gluten, milk, mustard)	Battered cod fish fingers (wheat, mustard, fish, milk)
Sides	Smoked paprika baked new potatoes Saffron Cauliflower / broccoli Pickled cabbage Shredded iceberg Shawarma sauce	Long grain rice Green beans corn Tortilla chips	Potato wedges Cheese slices (milk) Relishes & chutney Mini cobs / courgettes	Sauteed beansprout & onion Garlic green beans Savoy cabbage Egg fried rice	Cous cous (wheat, soya, mustard) chips garden peas / mushy peas
Pasta/Jackets	Fresh pasta / tomato sauce Baked potato & fillings	Fresh pasta / tomato sauce Baked potato & fillings	Fresh pasta / tomato sauce Baked potato & fillings	Fresh pasta / tomato sauce Baked potato & fillings	Fresh pasta / tomato sauce Baked potato & fillings
Dessert of the Day	Lemon drizzle cake	Iced carrot cake (egg, wheat, milk, sulphites)	Apple and berry crumble with custard (milk, wheat)	Victoria sandwich	Sweet treat Friday (various allergens)