



Dear Families and Guardians

REMOVE OUTDOOR EDUCATION 18-22 September 2023

I am writing to you regarding the Remove Outdoor Education trip due to be held next session in September as this comes around quickly at the start of next session. We are currently planning for a week residential at Lagganlia Outdoor Education Centre from the 18-22 September.

The week spent at Lagganlia Centre for Outdoor Education is an exciting aspect of the girls' transition from primary to secondary education and creates fantastic memories for them. It is also an ideal way for the girls to form important relationships with their peers and some of their teachers as they start the transition to secondary education. The valuable experiences that the girls have whilst at Lagganlia build on their experience from Primary 6 and form the foundations for subsequent learning on Outdoor Education trips in Lower 4 and Upper 4.

Outdoor Education forms an important and compulsory part of the curriculum. It is a very good platform for:-

Personal development

Focusing on:

- adopting a 'can-do' attitude
- extending and developing friendships
- organisational skills and taking responsibility

Social awareness

- Aspects of group work are explored including listening, inclusion, support and co-operation
- Environmental awareness
- Ensuring 'leave no trace' principles are understood
- Encouraging students to connect with and appreciate the natural world

Skill development

- Improved health and satisfying use of leisure time is promoted by cultivating an interest in outdoor and adventure sports.

Venue

Lagganlia Centre for Outdoor Education, situated in Glenfeshie in the Cairngorms National Park, has been providing education through outdoor adventures for young people since 1970. It is owned and managed by the City of Edinburgh Council.

Accommodation

Full board accommodation in rooms



Transport	Ratho Coaches
Activities	Activities will include the likes of mountain biking, gorge walking, hill-walking, canoeing, rock-climbing, and orienteering. If conditions allow also white-water rafting and canyoning. Day time activities will be led by instructors qualified in the activity and will be accompanied by a member of St George's staff. Evening activities will be organised and led by St George's teachers.
Dates	Monday 18 – Friday 22 September
Times	Depart: 9am Return: 4pm
Cost	Current estimated cost will be £430
Payment	Payment will be added onto your school fees as an extra for the Autumn term.

Parents' Meeting

A parents' meeting will be held at the start of next session, to give further information and answer any questions.

I am confident that your daughter will thoroughly enjoy and benefit from this outdoor education experience.

I will write to you with more information near the start of next session, but if you have any further questions regarding Outdoor Education, please do not hesitate to contact me via e-mail: rdf@stge.org.uk

Yours sincerely,

Mr Ross Fowles

Curriculum Leader, Outdoor Education
Physical Education, Sport and Outdoor Education Faculty