

St George's School

Week 1 *	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soup of the Day	Red lentil & vegetable soup	Carrot, coconut and chilli soup	Tomato and basil soup	Leek and potato soup	Chunky vegetable
Main counter	Mediterranean style Beef meatballs	Chicken Massaman	Loaded Macaroni cheese, haggis, Sweet Chilli Quorn	Cottage Pie, root vegetable topping	Oven baked haddock. Tartare sauce & lemon.
Main counter meat free	Squash & spring onion frittata	Cauliflower, chickpea & Quorn curry	Baked fillet of Coley	Vegetarian Bolognese	Gnocchi, spinach, broccoli and tomato
Nursery	Mediterranean style Beef meatballs	Chicken Massaman	Loaded Macaroni cheese, haggis	Cottage pie	Oven baked fish fingers
Sides	Steamed broccoli Sweetcorn Penne pasta	Rice Spiced onions Sauted cabbage Peas Raita	Steamed greens. Buttered carrots New potatoes	Courgettes Cauliflower	Fries Garden peas Lemon wedges Savoy Cabbage
Pasta/Jackets	Fresh pasta / tomato sauce Baked potato & fillings	Fresh pasta /tomato sauce Baked potato & fillings	Fresh pasta) / tomato sauce Baked potato & fillings	Fresh pasta) / tomato sauce Baked potato & fillings	Fresh pasta (gluten) / tomato sauce Baked potato & fillings
Dessert of the Day	Beetroot brownie	Blueberry cake	Eves pudding & custard	Ice cream cone & toppings	Sweet treat Friday

Please note allergens may change. For allergen information please speak to a member of the team.