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| Week 1 | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| **Soup of the Day** | Red lentil & vegetable soup  | Carrot, coconut and chilli soup  | Tomato and basil soup | Spring greens soup (milk) | Chunky vegetable |
| **Main counter** | Mediterranean style Beef meatballs (mustard) | Chicken nasi goreng finished with spring onion omelette (soy/egg) | Loaded Macaroni cheese, haggis, pulled pork (wheat, mustard, milk) | Traditional Beef bolognaise | Oven baked haddock. Tartare sauce & lemon. (fish, wheat, egg) |
| **Main counter meat free** | Asparagus, potato & spring onion frittata (egg, milk) | Vegetable chow mein (soya, wheat, barley, celery) | Baked fillet of hake with buttered samphire  | Mushroom biriyani with garlic & ginger | Gnocchi, spinach, broccoli and tomato (wheat)  |
| **Nursery** | Mediterranean style Beef meatballs (mustard) | Mild Chinese style chicken curry (wheat, mustard) | Loaded Macaroni cheese, haggis, pulled pork (wheat, mustard, milk) | Traditional Beef bolognaise | Oven baked fish fingers(fish, wheat, egg) |
| **Sides** | Mixed vegetablesSteamed broccoliLemon & herb Cous cous |  Long grain riceEgg noodlesChilli sweetcornPak choi | Steamed greens.Buttered carrotsNew potatoes | SweetcornCauliflowerHerb potatoesGarlic bread | FriesGarden peasLemon wedgesSauteed courgettes |
| **Pasta/Jackets** | Fresh pasta (gluten) / tomato sauceBaked potato & fillings | Fresh pasta (gluten) / tomato sauce  Baked potato & fillings | Fresh pasta (gluten) / tomato sauce Baked potato & fillings | Fresh pasta (gluten) / tomato sauceBaked potato & fillings | Fresh pasta (gluten) / tomato sauceBaked potato & fillings |
| **Dessert of the Day** | Rhubarb crumble cake | Sticky toffee pudding with custard (gluten, milk, egg, sulphites) | Iced Strawberry flapjack  | Ice cream cone & toppings ( milk,) | Sweet treat Friday (see staff for allergens) |
| **Please note allergens may change. For allergen information please speak to a member of the team.** |