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| Week 1 | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| **Soup of the Day** | Red lentil & vegetable soup | Carrot, coconut and chilli soup | Tomato and basil soup | Spring greens soup (milk) | Chunky vegetable |
| **Main counter** | Mediterranean style Beef meatballs (mustard) | Chicken nasi goreng finished with spring onion omelette (soy/egg) | Loaded Macaroni cheese, haggis, pulled pork (wheat, mustard, milk) | Traditional Beef bolognaise | Oven baked haddock. Tartare sauce & lemon. (fish, wheat, egg) |
| **Main counter meat free** | Asparagus, potato & spring onion frittata (egg, milk) | Vegetable chow mein (soya, wheat, barley, celery) | Baked fillet of hake with buttered samphire | Mushroom biriyani with garlic & ginger | Gnocchi, spinach, broccoli and tomato (wheat) |
| **Nursery** | Mediterranean style Beef meatballs (mustard) | Mild Chinese style chicken curry (wheat, mustard) | Loaded Macaroni cheese, haggis, pulled pork (wheat, mustard, milk) | Traditional Beef bolognaise | Oven baked fish fingers(fish, wheat, egg) |
| **Sides** | Mixed vegetables  Steamed broccoli  Lemon & herb Cous cous | Long grain rice  Egg noodles  Chilli sweetcorn  Pak choi | Steamed greens.  Buttered carrots  New potatoes | Sweetcorn  Cauliflower  Herb potatoes  Garlic bread | Fries  Garden peas  Lemon wedges  Sauteed courgettes |
| **Pasta/Jackets** | Fresh pasta (gluten) / tomato sauce  Baked potato & fillings | Fresh pasta (gluten) / tomato sauce  Baked potato & fillings | Fresh pasta (gluten) / tomato sauce  Baked potato & fillings | Fresh pasta (gluten) / tomato sauce  Baked potato & fillings | Fresh pasta (gluten) / tomato sauce  Baked potato & fillings |
| **Dessert of the Day** | Rhubarb crumble cake | Sticky toffee pudding with custard (gluten, milk, egg, sulphites) | Iced Strawberry flapjack | Ice cream cone & toppings ( milk,) | Sweet treat Friday (see staff for allergens) |
| **Please note allergens may change. For allergen information please speak to a member of the team.** | | | | | |